

MONKTON PREP SCHOOL - Week 3

Feb-Apr25

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast						
<i>Daily offer of Cereals, Porridge, Hobbs House Toast & Preserves, Brown Cow Organic Yoghurt, Fresh Whole or Cut Fruit, Clipper Teas & Infusions</i>						
Hash Browns Baked Beans Scrambled Eggs	Grilled Sausages Sautéed Mushrooms Fried Egg	Grilled Bacon Grilled Tomatoes Poached Eggs	Sliced Cheese, Ham, Avocado, Scrambled Eggs Bagels	Cheese or Ham Toasties Spaghetti Hoops	Scrambled Eggs Baked Beans Grilled Tomatoes	<p>Full English Breakfast</p> <p>or</p> <p>Brunch, Lunch or Picnic to suit the Boarders' Activities</p>
English Muffins Fruit Juice	Freshly Baked Pastries Fruit Juice	Crumpets Fruit Juice	Freshly Baked Pastries Fruit Juice	Tea Cakes Fruit Juice	Freshly Baked Pastries Fruit Juice	
Lunch						
<i>Daily offer of Soup of the Day, Jacket Potatoes with Chefs Daily Fillings, Salads & Condiments, Fresh Bread & Butter, Filtered Drinking Water, Brown Cow Organic Yoghurt & Fresh Whole & Cut Fruit</i>						
Shepherd's Pie Lentil & Spinach Cottage Pie (v) New Potatoes, Sweetcorn, Broccoli, Garden Salad Gravy Lemon Blondie	Traditional Roast Beef with Yorkshire Pudding Winter Vegetable Loaf (v) Roast Potatoes, Steamed Carrots, Cabbage, Maple Glazed Parsnips, Gravy Apple & Rhubarb Crumble with Cream	Carbonara Tomato Sauce or Cheese Sauce (v) Spaghetti, Sweetcorn, Broccoli, Garlic Bread, Garden Salad, Parmesan Cheese Cranberry Tiffin	Chicken Katsu Curry with Mild Curry Sauce Thai Green Vegetable & Butterbean Curry (v) Jasmine Rice, Stir-Fried Vegetables, Sugar Snaps & Poppadoms, Mango Chutney Victoria Sponge	Homemade Pizza A selection of toppings for you to choose from Shoestring Fries Corn Ribs Baked Beans Garden Salads Yoghurt & Compote	Beef Bolognese Red Pepper & Vegetable & Tomato Sauce (v) Penne Pasta Sweetcorn, Steamed Beans, Focaccia, Garden Salad, Parmesan Cheese White Chocolate & Poppy Seed Muffins	
Supper						
<i>Daily offer of Jacket Potatoes with Chefs Daily Fillings, Salads & Condiments, Fresh Bread & Butter, Filtered Drinking Water, Brown Cow Organic Yoghurt & Fresh Whole & Cut Fruit</i>						
Build Your Own Burrito Beef or Vegetable Fillings Mexican Rice, Stir Fry Vegetables Sugar Snaps, Sour Cream & Guacamole, Tortilla Chips Monkton Mess	Tuna Fish Cakes Vegetable Fritters (v) Skinny Fries Baked Beans, Garden Peas, Tartare Sauce, Fresh Fruit Platter	Chinese Style Chicken Sweet & Sour Tofu (v) Egg Noodles, Spring Rolls, Corn Cobs, Prawn Crackers Melon Bar	Pork & Chorizo Ragu Vegetable Ragu (v) Herby Diced Potatoes Roasted Carrots & Squash Crusty Bread Belgian Waffles & Sauces	Hunter's Chicken Halloumi & Vegetable Kebabs (v) Filled Potato Skins Green Beans Corn Cobs Australian Crunch	Build Your Own Hot Dog Pork Sausage Glamorgan Sausage (v) Served with a Selection of Sauces & Toppings, Sautéed Potatoes, Salads & Chargrilled Corn Cobs Ice Cream Bar	Boarders' Choice