MONKTON PREP SCHOOL - Week 2

Monday	Tuesday	Wednesday	Thursday	Friday	S
Breakfast	Daily offer of Cereals, Porridge, Hobbs House Toast & Preserves, Brown Cow Organic Yoghurt, Fresh Whole or Cut Fruit, Clipper Teas & Infusions				
Hash Browns Baked Beans Scrambled Eggs	Grilled Bacon Sautéed Mushrooms Fried Eggs	Cheese & Ham Croissants Cheese Croissants	Sliced Cheese, Ham, Avocado, Scrambled Eggs Bagels	Grilled Bacon Fried Eggs Baked Beans	Sci E Gri
English Muffins Fruit Juice	Freshly Baked Pastries Fruit Juice	Crumpets Fruit Juice	Freshly Baked Pastries Fruit Juice	Pancakes & Fruit Compote Fruit Juice	Fresh
Lunch	Daily offer of Soup of the Day, Jacket Po	otatoes with Chefs Daily Fillings, Salads &	Condiments, Fresh Bread & Butter, Filt	ered Drinking Water, Brown Cow Organia	Yoghurt & Fre
Mexican Beef Chilli	Chicken Caesar	Mac 'n' Cheese	Tandoori Chicken with Korma or Tomato Sauce	Beef Burger	Васо
Butternut & Butter Bean Chilli (v)	Tofu, Mixed Peppers & Sesame Caesar (v)	Roast Vegetable Medley Tomato Sauce (v)	Lentil Dhal Curry (v)	Vegetable Garden Burger (v)	Tomato
Steamed Rice Stir Fry Vegetables Sugar Snaps, Sour Cream & Guacamole, Taco Shells	New Potatoes Cos Lettuce, Boiled Eggs, Anchovies, Croutons & Caesar Dressing	Garlic Mushrooms, Red or Green Pesto Sauces, Crispy Fried Onions, Parmesan Cheese Green Beans, Focaccia Bread	Rice, Peas Naan Bread Poppadoms Mango Chutney Raita Dip	Flowered White Bap Skin on Chips Coleslaw, Tomatoes & Cucumber Sliced Cheese, Hot Sauce Sweet Chilli Sauce	Penne Steamed Parr G
Fruit Jelly	Apple & Autumn Berry Pie with Cream	Iced Sponge	Raspberry & Apple Doughnuts	Yoghurt & Compote	Salted
Supper	Daily offer of Jacket Potatoes with Chej	fs Daily Fillings, Salads & Condiments, Fre	sh Bread & Butter, Filtered Drinking Wo	ater, Brown Cow Organic Yoghurt & Fresh	Whole & Cut I
Crispy Sweet Chilli Chicken Drumsticks Pulled Jackfruit (v)	Breaded Scampi Butternut Squash & Sunblush Tomato Risotto (v)	Filled Panini Selection Of Meat & Vegetable Fillings (v)	Pork Casserole Butternut Squash & Tomato Bake (v)	Breaded Chicken Goujons Tempura Vegetables (v) Oven Baked Potato Wedges	Slow Roa Sticky E
Jacket Wedges Street Slaw Corn Cobs	Skinny Fries Baked Beans, Garden Peas, Tartare Sauce, Ketchup, Lemon Wedges	Selection Of Salads Herby New Potatoes	Creamy Mashed Potato Steamed Broccoli, Roast Carrots Gravy	Roast Corn Cobs Coleslaw Salads Tortilla Wrap	(Gree Gi
Chocolate & Orange Mousse	Fresh Fruit Platters	Melon Bar	Biscoff Cheesecake	Sticky Toffee Pudding	lc

Saturday

Sunday

Scrambled Eggs Baked Beans Grilled Tomatoes Tea Cakes

shly Baked Pastries Fruit Juice

Fresh Whole & Cut Fruit

con & Leek Sauce

ato Sauce or Cheese Sauce (v)

ne Pasta, Sweetcorn, ed Beans, Garlic Bread, armesan Cheese, Garden Salad

ed Caramel Muffins

ıt Fruit

Roasted BBQ Pork Ribs y BBQ Vegetables (v)

Rice Onion Rings een Beans & Peas Garden Salads

Ice Cream Bar

Full English Breakfast

or

Brunch, Lunch or Picnic to suit the Boarders' Activities

Boarders' choice