MONKTON SENIOR SCHOOL - Week 3

Monday	Tuesday	Wednesday	Thursday	Friday	S
Breakfast	Daily offer of Cereals, Porridge, Hobbs House Toast & Preserves, Brown Cow Organic Yoghurt, Fresh Whole or Cut Fruit, Clipper Coffee & Clipper Teas & Infusions				
Baked Beans Fried Halloumi Boiled Eggs/Scrambled Eggs Petit Pain	Sliced Ham Sliced Pastrami Sliced Cheese Cream Cheese Bagels	Grilled Bacon Fried Eggs Grilled Tomatoes Hash Browns	Ham & Cheese Croissants Cheese Croissants Mini Chive Omelette Baked Beans	Scrambled Eggs Grilled Tomatoes Hash Browns Fried Halloumi	Vege N Pc B
Cinnamon Whirls Fruit Juice	Fruit Platters Milkshake	Pain au Chocolat Fruit Juice	Pancakes & Berries Fruit Punch	Mini Mixed Pastries Fruit Juice	Waf Choco
Lunch	Daily offer of Soup of the Day, Jacket Potatoes with Chefs Daily Fillings, Salads & Condiments, Fresh Bread & Butter, Filtered Drinking Water, Brown Cow Organic Yoghurt & Fi				
Create your own Salad Nicoise Chunky Sweet Potato & Butternut Squash	Traditional Roast Beef with Yorkshire Pudding or Summer Vegetable Loaf (v)	Sri Lankan Chicken Biryani Lentil Curry (v) Mint Yoghurt Dip	Beef Chilli Vegetable & Chickpea Chilli (v)	Battered Catch of the Day Sausage Rolls Cheese and Tomato Pizzas	Turke Mixed B Tom
Feta Cheese Boiled Eggs, New Potatoes Green Beans Seasonal Lettuce, Tomatoes Olives & Croutons	Roast Potatoes Seasonal Vegetables Rich Pan Gravy Horseradish Sauce	Mango Chutney Spicy Red Onion & Tomato Salad Poppadoms Mild Curry Sauce	White & Brown Rice Mexican Corn Salad Sour Cream, Guacamole Tortilla Chips	Chunky Chips Baked Beans Garden Peas Homemade Tartare Sauce	G Bro Parr
Homemade Fruit Cake	Apple and Rhubarb Crumble with Cream	Flapjack Bar	Dark Chocolate Cake	Organic Yoghurt with Berry Compote	Cho
Supper	Daily offer of Jackets or Pasta Bar with Chefs Daily Sauces, Salads & Condiments, Fresh Bread & Butter, Filtered Drinking Water, Brown Cow Organic Yoghurt & Fresh Whole &				
BBQ Pork Ribs BBQ Quorn Fillets (v)	Stir-Fried Chicken Pasta Vegetable Stir-Fried Pasta (v)	Sliced Pork Ramen Broth Mushroom and Spinach Tofu Ramen Broth (v)	Build Your Own Hot Dog Glamorgan Sausage (v)	Jacket Potato Bar Hot Meat Toppings Tuna Mayo	Grille Cauliflow
Skinny Chips Roasted Corn Cobs Creamy Slaw Onion Rings Salads	Plain Pasta Tomato Sauce Broccoli, Cauliflower Parmesan Cheese Focaccia Bread	Udon Noodles Boiled Eggs Chilli Flakes & Soy Sauce Fried Onions Prawn Crackers	Finger Rolls Fried Onions Curly Fries Salads & Chargrilled Corn Cobs	Grated Cheese Baked Beans Seasonal Salads	BB Se
Fruit Platter	Pineapple & Coconut Cake	Rice Crispy Cakes	Homemade Cupcakes	Cookies/Cakes	lc

MSS APR-JUL 2024

Saturday

Sunday

Sausages getable Sausages Mushrooms Poached Eggs Baked Beans

affles & Berries

Fresh Whole & Cut Fruit

key & Leek Sauce Bean, Vegetable & omato Sauce (v)

Pasta Garlic Bread Proccoli, Carrots Armesan Cheese

ocolate Muffins

e & Cut Fruit, Tea & Coffee

lled Jerk Chicken ower Steak with Jerk Rub (v)

BBQ Corn Cobs Curly Fries Street Slaw Seasonal Salads

Ice Cream Bar

Full English Breakfast

or

Brunch, Lunch or Picnic to suit the Boarders' Activities

Boarders' Choice

