

MONKTON PREP SCHOOL - Week 3

Apr-Jul 24

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
Breakfast							
<i>Daily offer of Cereals, Porridge, Hobbs House Toast & Preserves, Brown Cow Organic Yoghurt, Fresh Whole or Cut Fruit, Clipper Teas & Infusions</i>							
Hash Browns Baked Beans Scrambled Eggs English Muffins Brioche Bread Fruit Juice	Grilled Bacon Sauteed Mushrooms Fried Eggs Breakfast Roll Freshly Baked Pastries Fruit Juice	Grilled Sausages Grilled Tomatoes Poached Eggs Brioche Bread Fruit Juice	Sliced Cheese, Ham, Scrambled Eggs Bagels Freshly Baked Pastries Fruit Juice	Cheese or Ham Toasties Spaghetti Hoops Tea Cakes Fruit Juice	Scrambled Eggs Baked Beans Grilled Tomatoes Tea Cakes Freshly Baked Pastries Fruit Juice	Full English Breakfast or Brunch, Lunch or Picnic to suit the Boarders' Activities	
Lunch							
<i>Daily offer of Soup of the Day, Jacket Potatoes with Chefs Daily Fillings, Salads & Condiments, Fresh Bread & Butter, Filtered Drinking Water, Brown Cow Organic Yoghurt & Fresh Whole & Cut Fruit</i>							
Grilled Pork Sausages Veggie Sausages (v) Mashed Potato, Garden Peas, Cauliflower, Crispy Onions Gravy Victoria Sponge	Traditional Roast Beef with Yorkshire Pudding Summer Vegetable Loaf (v) Roast Potatoes, Steamed Carrots, Cabbage, Maple Glazed Parsnips, Gravy Apple & Rhubarb Crumble with Cream	Creamy Ham & Leek Sauce Tomato Sauce or Cheese Sauce (v) Penne Pasta, Sweetcorn, Broccoli, Garlic Bread, Garden Salad, Parmesan Cheese Rocky Road	Beef Chilli Summer Vegetable Chilli (v) Steamed Rice Tortilla Chips Tortilla Wraps Mexican Corn Salad Guacamole Sour Cream Salsa Carrot Cake	Homemade Pizza A selection of toppings for you to choose from Shoestring Fries Corn Cobs Baked Beans Garden Salads Choc Ice	Beef Bolognese Red Pepper & Vegetable, in Tomato Sauce (v) Tricolore Pasta Sweetcorn, Steamed Beans, Garlic Bread, Garden Salad, Parmesan Cheese White Chocolate Muffins		
Supper							
<i>Daily offer of Jacket Potatoes with Chefs Daily Fillings, Salads & Condiments, Fresh Bread & Butter, Filtered Drinking Water, Brown Cow Organic Yoghurt & Fresh Whole & Cut Fruit</i>							
BBQ Chicken Wings & Peri Peri Drumsticks Halloumi & Vegetable Kebabs (v) Herby Diced Potatoes Green Beans Corn Ribs American Pancake Bar	Scampi Butternut Squash, Sunblush Tomato Arancini (v) Skinny Fries Baked Beans, Garden Peas, Tartare Sauce, Ketchup, Lemon Wedges Jam Tarts	Marinated Chicken Breast Spicy Bean Fritter (v) Garlic Baby Potatoes, Corn Cobs Coleslaw Sliced Cheese Sliced Tomato Shredded Iceberg Fresh Fruit Platters	Hong Kong Style Pork Sweet Chilli Tofu (v) Egg Noodles Stir Fried Vegetables, Vegetable Spring Rolls Prawn Crackers, Sweet Chilli Sauce, Apple Sponge & Cream	Chicken Korma Thai Green Vegetable & Butterbean Curry (v) Jasmine Rice, Sugar Snaps & Poppadoms, Naan Bread, Mango Chutney Fruit Platter	Pork Burritos Bean Burritos (v) Herby Diced Potatoes Ratatouille Refried Beans Street 'slaw Spiced Tomato Salsa Ice Lollies	Boarders Choice	