

MONKTON PREP SCHOOL - Week 1

Apr-Jul 24

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast						
<i>Daily offer of Cereals, Porridge, Hobbs House Toast & Preserves, Brown Cow Organic Yoghurt, Fresh Whole or Cut Fruit, Clipper Teas & Infusions</i>						
Hash Browns, Baked Beans Pan Fried Halloumi Poached Eggs, Grilled Tomatoes	Breakfast Bap Grilled Sausages Sauteed Mushrooms Fried Eggs	Cheese & Ham Croissants Cheese Croissants	Sliced Cheese or Ham, Scrambled Eggs Bagels	Grilled Bacon Sauteed Mushrooms Fried Egg Hash Browns	Scrambled Eggs Baked Beans Grilled Tomatoes Tea Cakes	<p>Full English Breakfast</p> <p>or</p> <p>Brunch, Lunch or Picnic to suit the Boarders' Activities</p>
English Muffin Fruit Juice	Freshly Baked Pastries Fruit Juice	Crumpets Fruit Juice	Pancakes & Fruit Compote Fruit Juice	Pain au Chocolat Fruit Juice	Freshly Baked Pastries Fruit Juice	
Lunch						
<i>Daily offer of Soup of the Day, Jacket Potatoes with Chefs Daily Fillings, Salads & Condiments, Fresh Bread & Butter, Filtered Drinking Water, Brown Cow Organic Yoghurt & Fresh Whole & Cut Fruit</i>						
Cottage Pie Quorn & Lentil Pie (v) Crushed New Potatoes Roasted Cauliflower Sweet Corn Crusty Bread Gravy	Roast Turkey with Sage & Cranberry Stuffing Polenta & Chickpea Cake (v) Roast Potatoes Steamed Carrots Maple Glazed Parsnips Cabbage, Gravy, Cranberry Sauce	Mac 'n' Cheese Roast Veg Medley (v) Tomato Sauce (v) Garlic Mushrooms Red & Green Pesto Sauces Crispy Fried Onions Parmesan Cheese Broccoli, Focaccia Bread	Katsu Curry Breaded Chicken Breast Crispy Aubergine & Sweet Potato (v) Steamed Rice Sugars Snaps & Pak Choi Asian Street Slaw Naan Bread	Battered Catch of the Day or Cod Fish Fingers Cheese & Onion Pasties (v) Pasta Dish of the week (v) Chunky Chips, Baked Beans, Mushy Pea, Peas, Lemon Wedges, Ketchup & Homemade Tartare Sauce	Chicken & Green Pesto Sauce Red Pepper & Tomato Sauce (v) Pasta Shells Sweet Corn Broccoli Garlic Bread Parmesan Garden Salad	
Jelly & Cream	Peach & Apple Crumble With Custard	Lemon Drizzle	Chocolate Chip Shortbread	Yoghurt & Compote	Lemon Muffins	
Supper						
<i>Daily offer of Jacket Potatoes with Chefs Daily Fillings, Salads & Condiments, Fresh Bread & Butter, Filtered Drinking Water, Brown Cow Organic Yoghurt & Fresh Whole & Cut Fruit</i>						
Honey Roast Gammon Grilled Vegetable Stack (v) Potato Wedges Fried Eggs Grilled Pineapple Garden Peas	Breaded Cod Goujons Vegetable Pakora (v) Chunky Chips Peas, Broccoli Lemon Wedges, Ketchup & Homemade Tartare Sauce	Beef Burgers Pulled Jackfruit (v) Floured White Bap Herby Diced Potatoes Coleslaw Corn Cobs BBQ Beans	Fajita Night Pork or Vegetable (v) Mexican Rice Salads, Salsa, Sour Cream, Guacamole & Tortilla Chips	Jacket Potato Bar Selection of Hot & Cold Fillings	Pizza Bar A selection of toppings to choose from Corn Cobs (v) Potato Tots Garden Salads	Boarders' Choice
Hot Banana Cake & Caramel Sauce	White Chocolate Mousse	Fruit Platter	Cheeseboard	Churros & Toppings	Ice Cream	